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CUD

EDITORIAL

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EDITOR'S NOTE

Embracing the Season of Sun and Style

Welcome to the summer edition of the Edgars Club Magazine, crafted for the vibrant transition from winter to spring! As the sun shines brighter, we've curated a collection of articles to help you navigate the season with confidence and flair.

Inside, you'll discover our guide to a summer skincare routine tailored for different skin types, ensuring your skin stays radiant and protected from the sun. We've also delved into the art of choosing the perfect lipstick shade to complement your unique skin tone and undertone.

This issue is all about embracing the warmth and energy of the season, from mindful hydration and exercise to delicious summer drink recipes. We hope this magazine provides not only practical advice but also inspiration to make this season your most stylish and memorable one yet.

Thank you for being a valued member of the Edgars family. Your loyalty is what makes this magazine possible.

Warmly,

Jujina

Some friendly mail...

"Edgars is honestly a bit pricey sometimes, but I still go — because the clothes last, the styles are on point, and I always leave feeling like it was worth it!"

TAKUNDA

GWERU

Thank you, Edgars, for being a part of our everyday lives in Zimbabwe — you're not just selling clothes, you're part of our memories.

RUMBIDZAI

KWEKWE

Every time I say I'm just popping into Edgars to 'look around', I come out with a bag. At this point, I think the clothes pick me instead of the other way round!

KGOSI

BULAWAYO



Edgars has been part of my life for years — from my first job outfit to now shopping for my kids. It's more than just a store, it's where my best memories start.

CHARLENE

HARARE

A WORD FROM THE CEO

Growing with Our Community: A Season of Opportunities

As we enter the last Quarter of 2025, I am filled with a sense of optimism and pride. This season of warmth and growth is not just about the weather; it reflects the ongoing progress and resilience of our Edgars family. We continue to evolve, seeking new ways to better serve you and our community.

This edition of the Edgars Club Magazine celebrates the very essence of summer—from healthy living to vibrant self-expression. We're proud to bring you content that empowers you to look good, feel good, and live well. This commitment extends beyond our magazine pages to our business units, including our manufacturing arm, Carousel, which continues to provide high-quality products, and our financial services, which empower our customers.

As a company, our focus remains on delivering exceptional value, quality, and convenience while championing local industry and community engagement. Thank you for your continued support. Together, we'll continue to build a brighter, more vibrant future.

Sincerely.

Serious Mushosho







When you slip into your favourite pair of jeans or that chic Kelso dress from Edgars, have you ever wondered where it all began? Behind the scenes, in the heart of Bulawayo, lies Carousel—Edgars Stores Limited's very own fashion factory.

Carousel is more than just machines and fabric. It's a story of Zimbabwean talent, determination, and community spirit. From humble beginnings, the factory now supports hundreds of families, making it one of the city's largest employers. Every stitch made in that factory is a reminder that local industry is alive, thriving, and proudly ours.

Recently, Edgars invested over US\$1 million to give Carousel a modern makeover. The highlight? A new cutting machine that slices fabric with incredible speed and precision. This means less waste, faster production, and better quality clothing for you. Paired with new embroidery and sewing machines, Carousel is working smarter—and producing more stylish pieces than ever before.

In a world flooded with imports, Carousel is keeping it local. Today, around 70% of the clothing in Edgars and Jet stores is made right here in Zimbabwe. That means when you shop with us, you're not just buying clothes—you're supporting local jobs, local families, and the future of our fashion industry.

Carousel's growth is proof that with the right investment and a commitment to local talent, Zimbabwe can create clothing that stands shoulder-to-shoulder with global fashion brands.

So next time you step into Edgars, remember: every garment has a journey, and at Carousel, that journey begins with passion, precision, and a whole lot of Zimbabwean pride.

Summer Skincare

Dry skin tends to produce less natural oil than other skin types, which can leave it looking dull, feeling rough, flaky, or even scaly. It often tightens after cleansing, may appear dehydrated, and fine lines can be more noticeable. You might also experience occasional itching or sensitivity.

Summer Skincare Routine for Dry Skin

In warm, humid weather, dry skin typically feels better—moisture in the air reduces its tightness, letting you switch from heavy creams to lighter, more breathable textures.

Gentle Cleaning

Begin with a mild, hydrating cleanser or facial mist to lift impurities without stripping essential oils. Avoid hot water; lukewarm is your friend.

Lightweight Moisturiser

Select a lotion that hydrates without heaviness—ideally one with humectants like hyaluronic acid or glycerin, and barrier-repairing ingredients like ceramides or squalane. These lock in moisture and soothe the skin.

SPF Moisturiser Combo

Use a broad-spectrum sunscreen (SPF 30 or higher) that doubles as a moisturiser. Formulas blended with hyaluronic acid, vitamin E, niacinamide, or ceramides hydrate while protecting from UV damage

Hydration Boosts

Reapply SPF every two hours if you're outdoors, and mist your skin midday for an extra moisture hit. Stay hydrated by drinking water and keeping the indoor air comfortably humid.

Weekly Rituals

Add gentle exfoliation once a week to lift flaky skin—this helps your moisturiser absorb better. At night, use a richer cream or sheet mask to rehydrate areas that lost moisture during the day.

Oily Skin & Summer: What's Up

Oily skin gets its fair share of shine—usually across the T-zone (forehead, nose, chin) thanks to too much sebum. While it may show fewer fine lines, you'll often notice enlarged pores, blackheads, and occasional acne breakouts.

Your Summer Routine: Build the Right Base

1. Cleanse Smart, Twice a Day

Use a gentle, gel or foam cleanser—ideally with salicylic acid tea tree extract, or niacinamide. These help dissolve pore-clogging oil without over-drying your skin

5. Use a Lightweight Serum

Even oily skin needs hydration. Choose lightweight serums—water-based hyaluronic acid or niacinamide—that moisturize without heaviness or clogging pores

2. Exfoliate 2-3x Weekly

Bring in a mild chemical exfoliant—BHA like salicylic acid or a soft AHA. These clear dead skin cells and reduce blemishes faster than harsh physical scrubs

4. Moisturize Wisely

Don't skip this step! The secret is an oil-free, gel-based or water-based moisturizer that hydrates while staying light and non-comedogenic

3. Hydrating Toner (Alcohol-Free)

Post-cleanse, tone gently with an alcohol-free toner featuring niacinamide, witch hazel, green tea, or rose water. It helps balance pH, minimize pores, and tame oil—without stripping moisture

What Is Normal Skin Like?

Normal skin maintains a good balance—neither too oily nor too dry. It tends to feel smooth and comfortable, with minimal breakouts or sensitivity. Pores are typically small, skin looks clear, and fine lines are minimal. While generally low-maintenance, normal skin still benefits from tailored care to remain radiant through seasonal changes.

Summer Routine Essentials for Normal Skin

1. Cleanse Twice Daily (Gentle Is Best)

Summer heat and humidity can cause sweat and excess oil buildup—even on normal skin. A mild, foaming or gel cleanser helps wash away impurities without stripping your natural oils

2. Refresh with a Balancing Toner or Mist

An alcohol-free toner (think rosewater, cucumber, or aloe-based) can soothe and normalize skin after cleansing. If you keep it cool in the fridge and spritz midday, it delivers a refreshing pick-me-up without overwhelming moisture

3. Exfoliate 2–3 Times Per Week

To maintain a smooth and glowing complexion, gently exfoliate a couple of times weekly. Use a light scrub or chemical exfoliant with AHAs or BHAs. These help remove dead skin without irritating your barrier

4. Hydrate with a Light Moisturiser

Even in summer, hydration is essential. Choose a lightweight, water-based or gel moisturiser infused with humestants like glycerin or hyaluronic acid. It maintains skin elasticity and a youthful look without heaviness

5. Apply Broad-Spectrum Sunscreen (SPF 30+)

Sun protection is non-negotiable year-round. Use a broad-spectrum sunscreen with SPF 30 or higher, ideally matte or fast-absorbing. Apply 15–20 minutes before going out and reapply every two hours—especially after swimming or sweating

6. Optional: Add an Antioxidant Serum

If you want a brightness boost or antioxidant support, incorporate a vitamin C serum before moisturiser. It helps prevent dullness and adds daytime environmental protection

7. Weekly Nourishment: Masking

Once a week, treat skin to a hydrating sheet mask—especially helpful after sun exposure. For occasional oil or pores, a mild clay mask is refreshing. Snacking with aloe or hydrating botanicals like cucumber can calm summer stress

























4 Easy Ways to Reep Your Lips Soft and Healthy

Dry lips can happen quickly because they lack oil glands and can't moisturize themselves. Here are four gentle, effective ways to keep your lips hydrated and happy:

Use a soothing lip balm often

Re-apply a fragrance-free balm several times a day and before bed. Choose one with ingredients like castor seed oil, jojoba oil, coconut oil, shea butter, ceramides, mineral oil, or just plain petroleum jelly for deeper moisture. These keep lips soft by locking in water.

Skip flavored or scented products

Lips are sensitive—gone are the days of menthol, peppermint, eucalyptus, or flavored balms. These can sting, cause irritation and actually worsen dryness.



HEALTH AND FITNESS

AERIAL PILATES: THE IN-THING!

Aerial Pilates blends traditional Pilates with the creative freedom of aerial movement. In this practice, you perform Pilates exercises while suspended in an aerial hammock — a soft fabric that hangs just above the ground, around hip to lower-leg height .Air Control Pilates. The hammock supports your body or parts of it, offering a unique way to stretch, strengthen, and explore Pilates movements. If you're new to Aerial Pilates, you'll begin with exercises on the floor using the hammock for support. As you gain strength and confidence, you'll gradually move into fully suspended exercises

The benefits of using an Aerial hammock

They are limitless! It shifts your perspective and gives you a second skin in the air to work on all the key fitness, health and wellness benefits from a different plane! Whilst giving a blissful feeling of freedom of movement and a fun sense of natural playfulness, it's also great as a self expressive form of movement and activity

Key Benefits of Aerial Pilates

Centring or Core Strengthening: the suspension and instability of the aerial hammock gives you freedom to move and space to engage the core muscles or 'centre' in maybe different positions or more intensely, depending on the level or positions.

Flexibility: As the hammock gives a place for movement in the air, it allows for deep stretches and a large range of motion. Whilst also requiring equal strength in places too which is a great combination for a healthy balance in the body.

Spinal Decompression: the traction of the spine which happens when safely using the aerial hammock and inverting can create space and length around the spine.

Enhanced Body Awareness: the aerial hammock challenges balance and proprioception - both mental and physical, leading to improved body awareness.









THE RUNNER'S HIGH

Big Benefits from Small Steps

What if just ten minutes a day could add years to your life? Science says running might do exactly that. With summer sunshine calling, there's no better time to lace up, head outdoors, and discover why running remains one of the world's most beloved ways to stay fit.

Running is surprisingly easy to begin—no gear needed, completely free and possible almost anywhere, whether it's a park, sidewalk, or trail. It's a natural movement, so even beginners can start and see improvement with practice. What's more, it's one of the most effective forms of cardio, with benefits like increased energy, endurance and calorie burn. One notable study found that even just five to ten minutes of slow running per day significantly lowers the risk of death from all causes and from heart disease—leading to an average of three extra years of life. Another review confirmed that runners have around a 27% lower risk of early death, 30% lower risk of heart-related death, and 23% lower risk of dying from cancer compared to non-runners.

Running isn't just great for your body—it's excellent for your brain too. It helps counter the harmful effects of chronic stress on the hippocampus (the part of the brain tied to learning and memory), meaning running may help protect your cognitive health. It also strengthens your bones, potentially lowering the risk of osteoporosis. And of course, it delivers mental benefits—the so-called "runner's high" brings mood boosts and stress relief.

One of running's greatest strengths is its versatility You can run outside in the sunny summer air or indoors on a treadmill when the weather turns. Whether you love nature's fresh air or the convenience of the gym, running adapts to your preferences. Plus, it can be a social activity—many people enjoy running with friends or joining groups or clubs. Having a running buddy helps motivate you to stay consistent, and it's a great way to combine fitness with making friends.

TRAVEL DIARIES



Ballantynes Lodge Arrive as a guest, leave as a friend



Tucked away in the quiet, green suburb of Ballantyne Park in Harare is a special kind of getaway—Ballantynes Lodge. It's not a big, bustling hotel. Instead, it's a warm, intimate space that makes you feel like you've stepped into someone's home—only better. With just a handful of beautifully styled rooms, the lodge offers the kind of personal experience that's becoming increasingly rare. True to its word, you arrive as a guest, but by the time you leave, you feel like you're part of the family.

From the moment you enter the property, the calmness sets in. The atmosphere is peaceful, quiet and inviting, like the first deep breath after a long day. You're greeted with a smile and offered a space that feels both elegant and grounding. The decor is modern yet earthy—wooden floors, soft tones and natural textures that make you feel at ease. Whether you're in your room, walking through the gardens, or lounging outside, there's a constant sense of relaxation in the air.

One of the most memorable things about Ballantynes is how seamlessly it blends the indoors with the outdoors. You can enjoy your drink on a beautiful couch under the open sky, the sun gently warming your face while a soft breeze rustles the trees around you. It's the kind of setting that encourages you to let go, to just be present. The outdoor areas are a perfect match for Harare's pleasant weather.

But Ballantynes doesn't just feel like home—it tastes like it, too. Their kitchen brings together tried-and-tested family recipes with a creative twist from the lodge's talented head chef. The result is food that's not just delicious but deeply satisfying. Whether it's a hearty breakfast, a light lunch on the patio, or a warm dinner shared under soft lighting, every dish feels thoughtful.

What truly sets this lodge apart, however, is the people. The staff are warm, attentive and genuinely care about your experience. They don't just serve you—they make sure you're comfortable. Their hospitality feels effortless and sincere. It's the kind of service that turns a good stay into a great one.

Whether you're a Harare local looking to unplug or a traveler visiting the capital from anywhere in the world, Ballantynes Lodge offers the perfect space to relax, recharge and reconnect with yourself. It's not just a stop on your journey—it's the kind of place that becomes part of your story. Quiet, elegant and filled with heart, it's a destination you'll want to return to and one you'll never forget.

























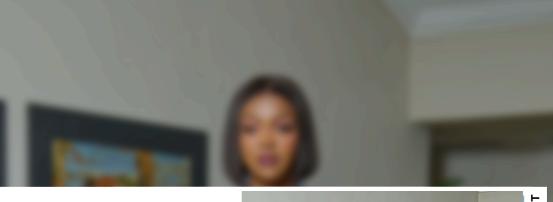












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Taste & Tell

RECIPE BOOK



A curated collection of simple, flavorful recipes to inspire your everyday cooking—whether you're after quick weeknight meals, comforting classics, or something special to share.



- We like to let the chicken marinate overnight to achieve maximum flavor. I whisk up the marinade before I go the bed and the chicken is ready to grill for lunch or dinner the next day.
- My #1 tip when grilling chicken is to pound the chicken breast to an even thickness. We put the chicken in a ziplock bag and use a flat meat mallet to carefully pound out the hump. This ensures that the chicken cooks evenly and you don't have juicy chicken and half-dry chicken.
- No grill? No problem! You can cook the chicken inside. Pan sear the chicken breasts in a skillet for 3 to 4 minutes
 per side. Place the chicken on a rimmed baking sheet. Bake at 205°C for 10 minutes, or until it reaches an
 internal temperature of 75°C.
- For a gluten-free marinade, use a gluten-free soy sauce.

Summertime Fruit Salad

Ingredients

1 medium pineapple, peeled, cored, and chopped into ½-inch pieces (about 5 cups)

1 pound strawberries, hulled and chopped

3 kiwis, peeled, quartered lengthwise, and sliced

2 cups seedless grapes, halved

1 pint blueberries

3 mandarin oranges, peeled and segmented, or 1 peeled and diced mango or 2 chopped peaches

Dressing

Juice of 1 lime

Juice of 1 mandarin orange

1 tablespoon honey or maple syrup

Instructions

In a large bowl, mix together the pineapple, strawberries, kiwi, grapes, blueberries, and mandarins.

Make the dressing: In a small bowl, whisk together the lime juice, mandarin juice, and honey.

Pour the dressing over the fruit and toss to coat. Serve immediately or cover and chill until ready to serve.

Fruit salad keeps well in an airtight container in the refrigerator for up to 2 days.



Lemon Blueberry Daiquiri

Ingredients

60 ml rum

15 ml simple syrup

30 ml lemon juice

1/4 cup blueberries muddled

Lemon slice and blueberries for garnish optional

Instructions

Muddle the Blueberries:

In a cocktail shaker, muddle 1/4 cup of fresh blueberries until they are well crushed and release their juices.

Add the Ingredients:

Add 2 oz rum, 1/2 oz simple syrup, and 1 oz lemon juice to the cocktail shaker.

Shake:

Fill the shaker with ice, then shake well until the mixture is well chilled.

Strain:

Strain the mixture into a chilled cocktail glass or a coupe glass.

Garnish:

Garnish with a lemon slice and a few whole blueberries if desired.

Serve

Serve immediately and enjoy your refreshing Lemon Blueberry Daiquiri

Sparkling Tequila Sunrise

Ingredients

ce

60ml tequila

120ml (1/2 cup) orange juice

150ml aQuellé natural sparkling water Orange flavored

30ml grenadine syrup

Maraschino cherries, for garnish

Instructions

Step 1

Fill a highball glass with ice and set aside. In a cocktail shaker, combine the tequila and orange juice and shake well to mix. Pour into the prepared glass.

Step 2

Pour in the LaCroix and gently stir to mix.

Step 3

Slowly pour in the grenadine syrup, allowing it to settle the bottom of the glass without stirring.

Step 4

Garnish with a maraschino cherry.





ENTERTAINMENT NEWS

CELEBRITY FOCUS

Serenading the Nation: The Story of Denilson Panashe Musekiwa

Denilson Panashe Musekiwa may not yet count his bank account as overflowing, but his rise from humble beginnings in Chitungwiza to one of the most sought-after saxophonists in Zimbabwe is a testament to his talent and ambition. Though he jokes about still being single, Musekiwa's real relationship is with music. He often reminds his audience of his roots—growing up in Chitungwiza and attending Zengeza High School 2—where his love for musical instruments began to take shape.

His instrumental journey traces back to 2010 when he played piano at church, then moved on to guitar by 2014. Yet it was the saxophone that truly captured his heart. In 2018, guided by dreams of playing and YouTube tutorials, he embarked on learning the instrument—six years later, and he's transformed passion into performance.

What started as a pastime quickly evolved into a thriving career. Initially driven by curiosity, his saxophonist services soon gained popularity, especially for surprise gift serenades. With growing interest, his bookings surged—now serving thousands, Musekiwa has played for more than 5,000 people and collaborated with notable musicians like Winky D, Baba Harare, Trevor Dongo, Takura, and Nutty O.

His artistic inspirations span borders. One of his earliest saxophone role models was Mexico's Luis Graziatto, whose videos on YouTube first guided Denilson's fingers across the keys. And his collaborations with Zimbabwe's powerful figures have only added to his growing reputation. Being invited to perform for Vice President Dr. Constantino Chiwenga left him stunned, and sharing stages with Jah Prayzah, Winky D, and Janet Manyowa—plus opening for the National Arts Merit Awards in 2022—has further cemented his place in the local arts scene.

Image source: Instagram (@denilsonmusekiwa)





Connie Temweka Gabisile Chiume, born on June 5, 1952, in Welkom, grew up as the fifth of nine children. Her father, Wright Tadeyo Chiume, hailed from Malawi, while her mother, MaNdlovu, came from KwaZulu-Natal, South Africa. Though she initially trained as a nurse, and later earned a teaching degree, her true calling emerged in the arts. In 1977, she joined the cast of the musical Sola Sola, which toured internationally-a turning point that set her on the path to a distinguished acting career. Her breakthrough came in the late 1980s when she appeared as Thembi in Inkom' Edla Yodwa, a role that catapulted her into the national spotlight. Over the decades, she became a household name in South African television, delivering compelling performances in productions like Soul City, Zone 14, Rhythm City, and more recently, Gomora. Her acting earned her significant accolades, including the NTVA Avanti Award for Best Actress in a Drama Series in 2000, and the SAFTA for Best Supporting Actress in a Drama in 2009. In 2022, her lifelong contributions were further honored with a Lifetime Achievement Award at the SAFTAs. It was only in the latter stage of her career that Connie reached an international audience. At age 66, she appeared in Marvel's Black Panther (2018) as Zawavari, a respected tribal elder, reprising the role in Black Panther: Wakanda Forever (2022), She also starred as Sarabi in Beyoncé's visually striking film Black Is King (2020). Connie was more than an awardwinning actress; she served as a mentor and mother figure to many. Her role as the matriarch in Rhythm City resonated with viewers, and colleagues often described her warm, grounding presence and unwavering professionalism. Government officials and cultural leaders echoed this sentiment, honoring her as a cultural beacon who elevated South African entertainment and inspired future generations of performers. Connie Chiume, who passed away on August 6, 2024, embodied the very essence of what it means to be an icon in the entertainment industry. Her brilliance, dedication and grace left an indelible mark that will forever shine in our memories.

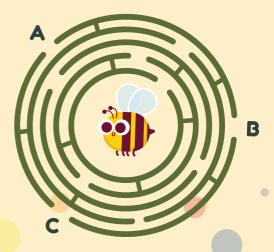
Connie Chiume's artistry transcended screens and stages—her legacy will continue to inspire generations of performers and audiences alike.

Image Source: www.deadline.com

Kid's Corner

- 1. What is the largest animal in the world?
- 2. How many legs does a spider have?
- 3. Which planet is known as the Red Planet?
- 4. What do caterpillars turn into?
- 5. Which fruit keeps the doctor away if you eat one every day?
- 6. What color do you get when you mix red and yellow?
- 7. Which animal is known as the King of the Jungle?
- 8. How many days are in a week?
- 9. What do bees make?
- 10. What is the name of the fastest land animal?





- 1. Why did the student eat his homework?
 - → Because the teacher said it was a piece of cake!
- 2. Why can't your nose be 12 inches long?
 - → Because then it would be a foot!
- What do you call a bear with no teeth?→ A gummy bear.
- 4. Why was the math book sad?
 - → Because it had too many problems.
- 5. Why don't eggs tell jokes?
 - → Because they'd crack each other up.

How many words can you find?

F Ε Ρ M J L Ν Χ C Ε Ρ C G Ρ В K W CS Ε Q L R M Χ Χ П Τ V H S V G J Τ Ν W R U Α 0 Α J Ρ 0 Ζ D 0 Н Τ Χ 1 Ν В 0 K Υ U R 1 W W Υ Α W S C Η 0 0 Ζ U D Ν Ν D F Ρ Ρ Е Ζ R Е Ρ C F Α L W Ν D G Τ K Ρ Q L Τ Χ D Χ Η G G Α Ε Α Ζ В C S G Υ U Χ R Τ L 1 K W U Ν Τ K M R D Ν F U Ν Е M 0 0 Ν В Н N J Ν F S S Ε S Τ Ρ Ν Н M 1 R Α R Α В Е W K N Q 0 Υ Κ W Υ U 0 C F Ν F Q Χ Α U J 0 Ε L 0 Ν J R K J

SCHOOL LION **BIKE FRIEND BOOK** LOVE **APPLE TREE** TOY CLOUD **GAME** SUN **HAPPY PLAY** CAT SMILE **RAIN FUN** STAR MOON

What's the sum?











